

LGBTQ

Suicide Prevention Resources



National Suicide Prevention Lifeline

1-800-273-TALK (8255)
Veterans: Press 1



Text TALK to 741741

Text with a trained counselor from the Crisis Text Line for free, 24/7



The Trevor Project

TrevorLifeline: Available 24/7 at
1-866-488-7386

TrevorText: Text TREVOR to
1-202-304-1200

TrevorChat: Via thetrevorproject.org



Trans Lifeline

Support for transgender people,
by transgender people
1-877-565-8860



SAGE LGBT Elder Hotline

Peer-support and local resources
for older adults
1-888-234-SAGE



The LGBT National Hotline

Peer-support and local resources
for all ages
1-888-843-4564

afsp.org/lgbtq



**American
Foundation
for Suicide
Prevention**



The Trevor Project focuses on ending suicide among LGBTQ youth.
If you or someone you know needs help, we are here for you.



TrevorLifeline

If you're thinking about suicide, you deserve immediate help.
Call us anytime.

866.488.7386



TrevorText

Talk to a Trevor counselor via text message.

Text "START" to 678678



TrevorChat

Online instant messaging with a TrevorChat counselor.

TrevorChat.org



TrevorSpace

A social networking site for LGBTQ youth under 25, and their friends & allies.

TrevorSpace.org



Suicide Prevention & General Info

Information on suicide prevention and FAQs on sexual orientation, gender identity and other topics can be found at:

TheTrevorProject.org/resources

TheTrevorProject.org